

Trainingsplan 2024/25

| Wochentag | Uhrzeit | A vorne | A hinten | B hinten | B vorne | Zeiten B-Platz vorne | CAGE |
|-----------|---------------|-----------|----------|----------|---------|----------------------|--------------------------|
| Montag | 16:30 - 17:30 | | | U8 | U8/2 | 17:00-18:30 | 17:30 - 18:30 Ballschule |
| | 17:30 - 19:00 | U9 - U9/2 | U12 | U15/2 | U10 | | |
| | | U9 - U9/2 | | | U15 | 18:30-20:00 | |
| | 19:00 - 20:30 | U16 | U17 | U19 | | | Alte Herren |
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|----------|---------------|-------------|-----------|-------|-------|--|--|
| | 16:30 - 17:30 | Bambini 2 | Bambini 1 | | | | |
| Dienstag | 17:30 - 19:00 | U11 - U11/2 | U14 | U14/2 | U10 | | |
| | | U11 - U11/2 | | | U13 | | |
| | 19:00 - 20:30 | 1.Man | | U17 | 2.Man | | |
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| | 16:30 - 17:30 | | | U8/2 | | | |
| Mittwoch | 17:30 - 19:00 | U14 | U9/2 | U13 | U12 | | |
| | | | U12/2 | | | U8 16:30 bis 18:00 | |
| | 19:00 - 20:30 | U19 | | U16 | U15 | | |
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| | 16:30 - 17:30 | Bambini 2 | Bambini 1 | | | | |
| Donnerstag | 17:30 - 19:00 | U9 | U14/2 | U11 - U11/2 | U15/2 | | 16:45-18:15 Ballschule |
| | | U10 | | U11 - U11/2 | | | |
| | 19:00 - 20:30 | 1.Man | | U19 | U17 | | |
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|---------|---------------|-------|-------|-----|-------|--|------------------------|
| Freitag | 16:30 - 17:30 | U8/2 | U8 | | U9/2 | | |
| Freitag | 17:30 - 19:00 | U13 | U14 | U12 | U12/2 | | 17:00-18:00 Ballschule |
| | | | | | | | |
| | 19:00 - 20:30 | 1.Man | 2.Man | U15 | U16 | | |
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